

# ROYALTON HEARTBEAT

## JULY, 2025



### The 4th ANNUAL COMMUNITY BLOCK PARTY

### "CHRISTMAS IN JULY"

### JULY 26TH, 2025

*(Rain Date- Sunday, July 27th)*

### 3 - 7 p.m.

### PLEASE COME JOIN IN THE FUN!!!



**MAYOR JIM'S**  
**SMOKED PORK**  
**SANDWICHES**  
**HAMBURGERS**  
**HOT DOGS**  
**FRESH CUT FRIES**  
**HOT SAUSAGES**

**FIRST RESPONDERS**  
**"SNOWBALL FIGHT"**



(ALL THE FUN WILL BE IN ROYALTON ON THE BACK LOT AREA OF 101 NORTHUMERLAND STREET)



There will be food, music and fun for everyone

Rita's Italian Ice and a Special Visit from SANTA and Mrs. Claus

For the kids- crafts, bubble play, water play, bingo, a new jackpot game-too many activities to mention.

Come and enjoy some family time making memories!

(ALL PROCEEDS BENEFIT THE ROYALTON EMERGENCY MANAGEMENT AGENCY)



ONCE AGAIN WE ARE TRYING TO MAKE "ROY" THE SNAKE AS LONG AS WE CAN. YOU HAVE UNTIL JULY 25th TO GET A NICE ROCK AND PAINT IT. BRING IT TO THE BOROUGH ANYTIME AND MAKE ROY THE LONGEST SNAKE IN TOWN.



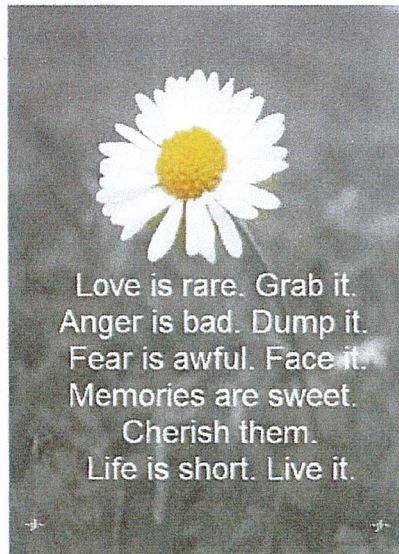
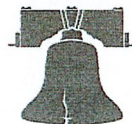
COURTS WILL BE AVAILABLE TO TRY YOUR HAND AT PICKLEBALL



### GREAT RAFFLE BASKETS



Congratulations to Andrew and Brayden DesJardins. They won a ride to school in the Royalton Police Car for a recent event held at the Seven Sorrows BVM Catholic School



Love is rare. Grab it.  
 Anger is bad. Dump it.  
 Fear is awful. Face it.  
 Memories are sweet. Cherish them.  
 Life is short. Live it.



Congratulations to Kylie Hickoff- The 2025 winner of the Royalton Borough Scholarship. Best wishes for a great future for this very special young lady!

## JULY DATES TO REMEMBER

JULY 4th- CELEBRATE OUR INDEPENDENCE (Borough Offices Closed)



JULY 8th- Council Meeting- 7 p.m.

JULY 22nd- Authority Meeting- 5 p.m.

JULY 26th- 4th ANNUAL BLOCK PARTY "Christmas in July" 3 - 7 p.m.



### Advice in dealing with someone with DEMENTIA

If I get dementia, I'd like my family to hang this wish list up on the wall where I live. I want them to remember these things. And I would add one more: Every time you enter the room, announce yourself. "Hi Mom it's Margaret." NEVER ask - Do you know who I am??? That causes anxiety.

1. If I get dementia, I want my friends and family to embrace my reality.
2. If I think my spouse is still alive, or if I think we're visiting my parents for dinner, let me believe those things. I'll be much happier for it.
3. If I get dementia, don't argue with me about what is true for me versus what is true for you.
4. If I get dementia, and I am not sure who you are, do not take it personally. My timeline is confusing to me.
5. If I get dementia, and can no longer use utensils, do not start feeding me. Instead, switch me to a finger-food diet, and see if I can still feed myself.
6. If I get dementia, and I am sad or anxious, hold my hand and listen. Do not tell me that my feelings are unfounded.
7. If I get dementia, I don't want to be treated like a child. Talk to me like the adult that I am.
8. If I get dementia, I still want to enjoy the things that I've always enjoyed. Help me find a way to exercise, read, and visit with friends.
9. If I get dementia, ask me to tell you a story from my past.
10. If I get dementia, and I become agitated, take the time to figure out what is bothering me.
11. If I get dementia, treat me the way that you would want to be treated.
12. If I get dementia, make sure that there are plenty of snacks for me in the house. Even now if I don't eat I get angry, and if

## JULY RECIPE PAULA DEEN'S MAC AND CHEESE



### Ingredients

- 2 cups uncooked pasta
- ½ cup sour cream
- 2½ cup grated cheddar cheese
- 1 cup milk
- 4 tablespoons butter
- 3 eggs beaten
- ½ teaspoon salt

### Directions

Cook pasta- drain and return to pot it was cooked in. Add butter and 1½ cups of cheese and stir until cheese is melted. Then in a bowl, stir sour cream, eggs, milk and salt until combined. Pour over the pasta and mix well. Then pour into a buttered pan and bake in a 350 degree oven for 45 minutes. Then remove from oven and sprinkle the remaining cup of cheese over top and return to the oven for an additional 5-10 minutes. Give it a try. She claims it to be the best.

I have dementia, I may have trouble explaining what I need.

13. If I get dementia, don't talk about me as if I'm not in the room.
14. If I get dementia, don't feel guilty if you cannot care for me 24 hours a day. It's not your fault, and you've done your best. Find someone who can help you, or choose a great new place for me to live.
15. If I get dementia, and I live in a dementia care community, please visit me often.
16. If I get dementia, don't act frustrated if I mix up names, events or places. Take a deep breath. It's not my fault.
17. If I get dementia, make sure I always have my favorite music playing within earshot.
18. If I get dementia. and I like to pick up items and carry them around, help me return those items to their original place.
19. If I get dementia, don't exclude me from parties and family gatherings.
20. If I get dementia, know that I still like receiving hugs and handshakes.
21. If I get dementia, remember that I am still the person you know and love.

*Dealing with a loved one with dementia is challenging to say the least. I hope some of these suggestions can help someone.*

*"May we think of freedom, not as the right to do as we please, but the opportunity to do what is right."*

*Paula Deen*